



# Community Health Improvement Plan Annual Progress Report, 2019

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*Florida Department of Health in Lake County*

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*September 2020*

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## **Introduction**

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This is the annual review report for the 2017-2020 Lake County Community Health Improvement Plan (CHIP). The activities and collaborative efforts of the Florida Department of Health in Lake County and community partners are reflected within the report. This document will serve as a progress review of the strategies that were developed and the activities that have been implemented. While the CHIP is a community driven and collectively owned health improvement plan, the Florida Department of Health in Lake County is charged with providing administrative support, tracking and collecting data, and preparing the annual review report.

## Overview of the Community Health Improvement Plan (CHIP)

In 2016, the Florida Department of Health in Lake County convened the Community Planning Core Support Team, formerly called the Strategic Planning Council, Performance Management Council, and now known as the Performance Management and Quality Improvement Council (PMQI). The PMQI Team facilitated the CHIP process through using the National Association of City and County Health Officials' Mobilizing for Action through Planning and Partnership (MAPP) strategic planning model.

### Instruments Used

- ❖ Mobilizing for Action through Planning and Partnerships (MAPP): Achieving Healthier Communities through MAPP, a user's handbook
- ❖ A Strategic Approach to Community Health Development: Mobilizing for Action through Planning and Partnerships (MAPP) field guide, May 2001
- ❖ The Florida MAPP Field Guide, November 2008 update

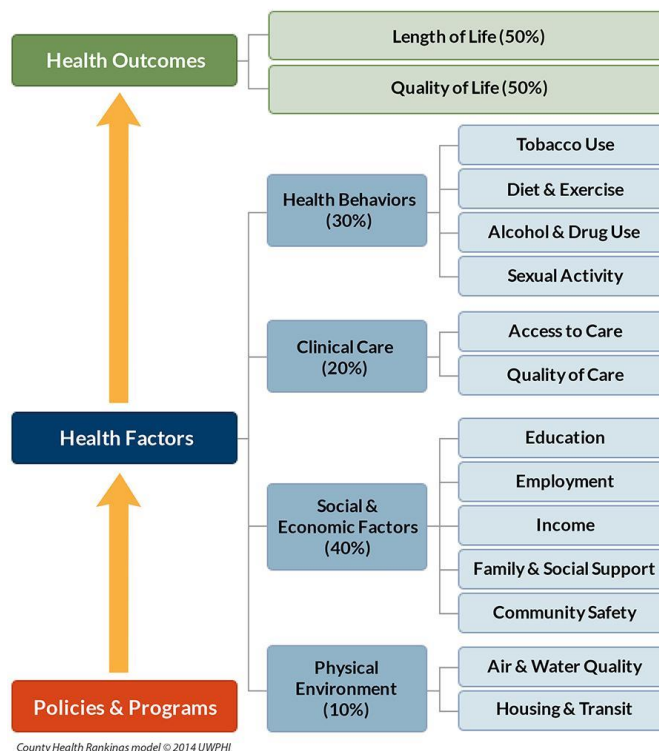
From September through November of 2016, the Planning Team developed findings and presented these findings to a community-based Steering Committee. These subject matter experts from across a diverse group of partners completed five phases of the MAPP process: *Organizing for Success, Visioning, The Four Assessments, Identification of Strategic Issues, and Formulating Goals and Strategies.*

The Steering Committee comprised a diverse leadership group representing 21 agencies and organizations in Lake County. The Steering Committee set priorities through a facilitated consensus process by looking for cross-cutting strategic issues that emerged from the four assessments. Individually, the assessment yielded in-depth analyses of factors and forces that impact population health. Taken together, the assessment findings contribute to a comprehensive view of health and quality of life in Lake County.

The Steering Committee reached consensus on five strategic issue areas: **Obesity, Substance Abuse, Access to Food & Nutrition, Access to Primary Care, and Diabetes.** The table below identifies the strategic issue areas with their goals, developed by a workgroup of subject matter experts.

STRATEGIC ISSUE AREA	GOAL
1. Obesity	<i>Improve diet and increase physical activity among adults and children in Lake County</i>
2. Substance Abuse	<i>Reduce and prevent alcohol and drug use among adults and youth in Lake County</i>
3. Access to Food & Nutrition	<i>Reduce the percentage of food insecure households in Lake County</i>
4. Access to Primary Care	<i>Increase the proportion of underserved able to obtain necessary medical, dental care and prescriptions</i>
5. Diabetes	<i>Increase the diabetes screening rate for adults in Lake County</i>

Strategies for each 2017-2020 CHIP goal are structured using the categories of the 2014 County Health Rankings model.



### **Community Health Improvement Planning Team**

The Community Health Improvement Planning (CHIP) Community Health Team was established in January 2017 as advisory group to the 2017-2020 Lake County CHIP to continue phase 6 of the MAPP process: *The Action Cycle*.

The Steering Committee identified the following key units as core roles within the Community Health Team for 2017-2020.

- Obesity focus group
  - Lead – South Lake Hospital and University of Florida, Lake County Extension Office
- Substance Abuse focus group
  - Lead – Be Free Lake and LifeStream Behavioral Center
- Access to Food and Nutrition focus group
  - Lead – Community Foundation of South Lake and Lake Cares Inc.
- Access to Primary Care focus group
  - Lead – AdventHealth Waterman and Community Health Center
- Diabetes focus group
  - Lead – AdventHealth Waterman and Florida Department of Health in Lake County

Membership is on a volunteer basis and is open to all members of the public. The Community Health Team is facilitated by the Administrative Services staff of the Florida Department of Health in Lake County. The CHIP Community Health Team convened in the 2019 calendar year on the following schedule:

2019 Location

Cooper Memorial Library  
2525 Oakley Seaver Drive  
Clermont, Florida 34711

2019 Dates and Times

Thursday, March 28, 2019 (virtual)  
Thursday, May 2, 2019 from 10:00am-12:00pm  
Thursday, August 22, 2019 from 10:00am-12:00pm  
Monday, December 2, 2019 from 2:00pm-4:00pm

*Goals and Activities*

The Community Health Team is asked to motivate, educate, coordinate, and evaluate community activities using a collective impact approach to health improvement within the local public health system of Lake County, Florida. The CHIP Community Health Team goals are to:

- A. Create and support a culture of health that recognizes the commitment of a group of individuals from different sectors to a common agenda for solving specific health issues at scale
- B. Represent local organizations and communities by sharing ideas, needs and concerns related to the top identified community health areas

The primary activities of the CHIP Community Health Team are to:

- Advise the CHIP implementation plan by convening on a quarterly basis to review work plan progress and recommend quality improvements using the Plan-Do-Check-Act process
- Provide feedback to inform on CHIP activities that supported the goals, objectives and strategies of the individual focus areas.

The CHIP Community Health Team uses the Plan, Do, Check, Act (PDCA) problem-solving model for improving a process and carrying out change. Meetings are announced at least seven business days before each event. Agenda information is provided at each meeting and meeting summaries are posted on the Florida Department of Health in Lake County's website. The Florida Department of Health in Lake County maintains a database of S.M.A.R.T (specific, measurable, aligned, realistic, and time-based) criteria for goals, strategies, activities, actions and outcomes and produces a three-year plan and annual impact reports on CHIP activities.

Why this is important to our community:					
**An explanation of why this is important to the community should go here (in narrative form)**					
Objective	Indicator	Current Level	2019 Target	Status	Explanation of Status*
Objectives listed in the CHIP	**this is the space for the indicator used to measure performance/success**	**current value of the indicator as of last reporting**	**Target value set within the CHIP for 2019**	**See status indicators key below for explanation**	**An explanation of the status given

\* Status indicators are as follows:



= increasing or decreasing baseline movement in **opposition to** objective



= increasing or decreasing baseline movement in **support of** objective

## Summary of CHIP Annual Review Meeting

In partnership with the community, the Florida Department of Health in Lake County continued the community-driven strategic planning process of improving health in 2019 CHIP team meetings. The third quarter meeting was held on August 22, 2019 and focused on the 'Check' cycle of Plan, Do, Check, Act problem-solving model (PDCA).

### **Strategic Issue Area #1: OBESITY**

*Obesity can cause harm to a person over their entire lifetime and cause a cycle of harm throughout a community. It can negatively impact a person's physical and mental health, cause physical and mental distress, and poor birth outcomes in pregnancy.*

### **Goal: Improve diet and increase physical activity among adults and children in Lake County**

*Strategy 1 POLICIES & PROGRAMS: Identify local policies and programs that impact healthy eating and physical activity.*

*Strategy 2 HEALTHY BEHAVIORS: Promote healthy behaviors that increase protective factors and reduce risk factors for obesity.*

*Strategy 3 CLINICAL CARE: Encourage the use of evidence-based practice for early intervention.*

*Strategy 4 SOCIAL & ECONOMIC FACTORS: Identify and remove potential barriers to adopting healthy behaviors by addressing health inequities or disparities.*

*Strategy 5 PHYSICAL ENVIRONMENT: Encourage the creation of physical environments that support healthy behaviors.*

Key Partners: **Obesity focus group**

<b>Why this is important to our community:</b>					
Lake County fares worse than other Florida counties and the state as whole for several of obesity indicators. Obesity is considered one of the three most important health problems among Lake County business leaders, citizens, and physicians and was cited in two or more local health needs assessments. Childhood obesity is considered a community threat because of children experiencing health problems early in life, and the perpetuation of obesity among future generations.					
<b>Indicator</b>	<b>Objective</b>	<b>Current Level</b>	<b>2019 Target</b>	<b>Status</b>	<b>Explanation of Status*</b>
Percent of adults who are obese in Lake County	Reduce by 3.5%  Baseline: 27.5% (2013); 32.6% (2016)	32.6% (2016)	25.0%	No new data available.	Trending away from target. Current level compares unfavorably to state rate.
Percentage of middle and high school students who are obese in Lake County	Reduce by 3.0%  Baseline: 13.7% (2014)	13.7% (2014)	11.7%	No new data available.	No trend data available. Current level compares unfavorably to state rate.
Percentage of adults who have a healthy weight, overall, in Lake County	Increase by 3.0%  Baseline: 33.5% (2013); 32.5% (2016)	32.5% (2016)	35.5%	No new data available.	Trending away from target. Current level compares favorably to state rate.
Percentage of adults who meet aerobic recommendations, overall, in Lake County	Increase by 3.0%  Baseline: 53.3% (2013); 44.5% (2016)	44.5% (2016)	55.3%	No new data available.	Trending away from target. Current level compares unfavorably to state rate.
Percentage of adults who meet muscle strengthening recommendations, overall, in Lake County	Increase by 1.5%  Baseline: 24.0% (2013); 34.3% (2016)	34.3% (2016)	25.0%	No new data available.	Target met. Current level compares unfavorably to state rate.

Source(s): FLHealthCHARTS



## **Strategic Issue Area #2: SUBSTANCE ABUSE**

*Substance abuse can cause harm to a person over their entire lifetime and cause a cycle of harm throughout a community. It can negatively impact a person's physical and mental health, cause physical and mental distress, and poor birth outcomes in pregnancy.*

### **Goal: Reduce and prevent alcohol and drug use among adults and youth in Lake County**

*Strategy 1 POLICIES & PROGRAMS: Identify federal, state, and local policies and programs that address prevention, intervention, and treatment of substance abuse.*

*Strategy 2 HEALTHY BEHAVIORS: Promote healthy behaviors that increase protective factors and reduce risk factors for substance abuse.*


*Strategy 3 CLINICAL CARE: Encourage the use of evidence-based practice for early interventions to identify, reduce, and prevent problematic use, abuse, and dependence on alcohol and illicit drugs.*


*Strategy 4 SOCIAL & ECONOMIC FACTORS: Encourage the use of evidence-based practices to learn how to identify, understand and respond to signs of mental illnesses, including substance use disorder.*

**Key Partners:** **Substance Abuse focus group**

#### **Why this is important to our community:**

Lake County fares worse than other Florida counties and the state as whole for several substance abuse indicators. Destructive social impacts of use and abuse can include crime, alcohol and drug-related motor-vehicle accidents, violence (such as domestic violence or community violence) child abuse, family disruptions, lost economic productivity, cost of care for treatment and recovery or relapse, and cost of law enforcement activities.

<b>Indicator</b>	<b>Objective</b>	<b>Current Level</b>	<b>2019 Target</b>	<b>Status</b>	<b>Explanation of Status</b>
Percentages of youth who reported having used various drugs in the past 30 days in Lake County. (Prescription Pain Reliever Focus)	Reduce by 1.2%  Baseline: 3.7% (2014); 2.0% (2016)	0.8% (2018)	2.9%		Target met. Current level compares favorably to state rate.  Note: new indicator language.

Percentages of youth who perceive great risk of harm when having 5+ drinks once or twice a week in Lake County (Alcohol Focus)	Increase by 1.1%  Baseline: 45.1% (District 5); 51.3% (2014); 53.4% (2016)	62.0% (2018)	45.7%		Target met. Current level compares favorably to state rate.  Note: new indicator language.
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Source(s): Florida Youth Substance Abuse Survey, 2018

### **Strategic Issue Area #3: ACCESS TO FOOD & NUTRITION**


*Lack of access to food and nutrition can cause harm to a person over their entire lifetime and cause a cycle of harm throughout a community. It can negatively impact a person's physical and mental health, cause physical and mental distress, and poor birth outcomes in pregnancy.*

#### **Goal: Reduce the percentage of food insecure households in Lake County**

*Strategy 1 HEALTHY BEHAVIORS: Promote healthy behaviors that increase protective factors and reduce risk factors for food insecurity.*

*Strategy 2 SOCIAL & ECONOMIC FACTORS: Identify and remove potential barriers to adopting healthy behaviors by addressing health inequities or disparities.*

**Key Partners:** **Access to Food & Nutrition focus group**

<b>Why this is important to our community:</b>					
Access concerns speak to health equity. Everyone has a personal responsibility to themselves and their communities to be healthier, but choices we make can depend on what is available to us. Communities that improve health equity increase opportunities to be healthier for everyone, including those whose obstacles are greatest.					
Food security is the condition in which all people, always, have physical, social and economic access to sufficient safe and nutritious food that meets their dietary needs and food preferences for an active and healthy life.					
<b>Indicator</b>	<b>Objective</b>	<b>Current Level</b>	<b>2019 Target</b>	<b>Status</b>	<b>Explanation of Status</b>
Food insecurity rate in Lake County	Reduce by 2.2%  Baseline: 14.8% (2014); 14.1% (2015);	12.6% (2017)	13.6%		Target met. Current level compares favorably to state rate.

Percentage of adults who consumed five or more servings of fruits or vegetables per day in Lake County	Increase by 3.0%  Baseline: 17.4% (2013)	17.4% (2013)	18.4%	No new data available.	No trend data available. Current level compares unfavorably to state rate.
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Source(s): Feeding America, Map the Meal Gap 2017; FLHealthCHARTS

#### **Strategic Issue Area #4: ACCESS TO PRIMARY CARE**

*Lack of access to primary care can cause harm to a person over their entire lifetime and cause a cycle of harm throughout a community. It can negatively impact a person's physical and mental health, cause physical and mental distress, and poor birth outcomes in pregnancy.*

**Goal: Increase the proportion of underserved able to obtain necessary medical, dental care and prescriptions**

*Strategy 1 HEALTHY BEHAVIORS: Encourage the use of evidence-based practices to educate on the importance of preventative healthcare.*

*Strategy 2 CLINICAL CARE: Encourage the use of evidence-based practices that employ health communication and education and link patients to family and social/psychosocial services.*

*Strategy 3 SOCIAL & ECONOMIC FACTORS: Identify and remove potential barriers to adopting healthy behaviors by addressing health inequities or disparities, such as community linkages to health services.*



**Key Partners:** **Access to Primary Care focus group**

#### **Why this is important to our community:**

Access concerns speak to health equity. Everyone has a personal responsibility to themselves and their communities to be healthier, but choices we make can depend on what is available to us. Communities that improve health equity increase opportunities to be healthier for everyone, including those whose obstacles are greatest.

Access to care means the timely use of personal health services to achieve the best health outcomes. It requires 3 distinct steps: entering the health care system, accessing a health care location where needed services are provided, finding a health care provider with whom the patient can communicate and trust.

Indicator	Objective	Current Level	2019 Target	Status	Explanation of Status
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Preventable Hospitalizations under 65 from All Conditions, All Race/Ethnicity, Rate per 100,000 Population (3-year rolling)	Reduce by 257 per 100,000 Baseline: 1,441 (2012-2014); 1,432 (2014-2016)	1,307 (2016-2018)	1,209		Trending towards target. Current level compares unfavorably to state rate.
Total Licensed Florida Physicians in Lake County, Rate per 100,000 Population (3-year rolling)	Increase by a total of 30 Baseline: 212.5 (2014-2016); 210.3 (2014-2017)	222.4 (2016-2019)	232.5		Trending towards target. Current level compares unfavorably to state rate.
Percentage of adults who have a personal doctor in Lake County	Increase by 5.0% Baseline: 75.1% (2013); 75.6% (2016)	75.6% (2016)	78.1%	No new data available.	Trending towards target. Current level compares favorably to state rate.
Percentage of adults with any type of health care insurance coverage in Lake County	Increase by 4.5% Baseline: 79.4% (2013); 83.5% (2016)	83.5% (2016)	82.4%	No new data available.	Target met. Current level compares unfavorably to state rate.
Percentage of adults who had a medical checkup in the past year in Lake County	Increase by 5.0% Baseline: 65.5% (2013); 80.4% (2016)	80.4% (2016)	69.0%	No new data available.	Target met. Current level compares favorably to state rate.
Percentage of adults who had a medical checkup in the past year in Lake County, annual incomes less than \$25,000	Increase by 10.5% Baseline: 55.3% (2013); 80.2% (2016)	80.2% (2016)	61.8%	No new data available.	Target met. Current level compares favorably to state rate.
Percentage of adults who have a personal doctor in Lake County, with less than a high school degree	Increase by 5.5% Baseline: 54.5% (2013); 60.6% (2016)	60.6% (2016)	58.0%	No new data available.	Target met. Current level compares favorably to state rate.
Percentage of adults with less than a high school degree with any type of health care insurance coverage in Lake County	Increase by 8.8% Baseline: 51.5% (2013); 63.4% (2016)	63.4% (2016)	57.3%	No new data available.	Target met. Current level compares unfavorably to state rate.

Source(s): FLHealthCHARTS

### **Strategic Issue Area #5: DIABETES**

Diabetes can cause harm to a person over their entire lifetime and cause a cycle of harm throughout a community. It can negatively impact a person's physical and mental health, cause physical and mental distress, and poor birth outcomes in pregnancy.

#### **Goal: Increase the diabetes screening rate for adults in Lake County**

*Strategy 1 POLICIES & PROGRAMS: Identify local policies and programs that target individuals with or at risk of developing type II diabetes, such as preventative and disease management programs.*

*Strategy 2 HEALTHY BEHAVIORS: Promote healthy behaviors that increase protective factors and reduce risk factors for diabetes.*

*Strategy 3 CLINICAL CARE: Identify and remove potential barriers to adopting healthy behaviors by addressing health inequities or disparities, such as community linkages to health services.*

*Strategy 4 SOCIAL & ECONOMIC FACTORS: Educate community about the importance of early detection of and screening for diabetes.*

**Key Partners:** Diabetes focus group

Why this is important to our community:					
Diabetes increases risk for many serious health problems. It is possible to prevent some types of diabetes. Prediabetes is a “pre-diagnosis” of diabetes and it a warning sign. An individual may have either prediabetes or diabetes and not know it. Communities can encourage people to know their diabetes status to help them get the best information, care or treatment.					
Indicator	Objective	Current Level	2019 Target	Status	Explanation of Status
Percentage of adults who have ever been told [by a medical professional] they had prediabetes	Monitor the percentage of adults who have ever been told [by a medical professional] they had prediabetes.  Baseline: 10.1% (2013); 12.1% (2016)	12.1% (2016)	7.5%  Increased health-seeking behavior	Not applicable. Indicators are being monitored for change.	Changes may reflect improving/worsening disease incidence.  However, changes may also reflect increases/decreases in diagnostic activity by providers, which could indicate improving/worsening health-seeking behavior by adults.

Percentage of adults who have ever been told [by a medical professional] they had diabetes	Monitor the percentage of adults who have ever been told [by a medical professional] they had diabetes.  Baseline: 15.2% (2013); 12.5% (2016)	12.5% (2016)	11.0%  Increased health-seeking behavior		
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Source(s): FLHealthCHARTS

## Revisions

Revisions to the CHIP were made after careful review of the goals, objectives, strategies and measures of the 2017-2020 CHIP. Evidence-based practices use the best, research-proven interventions in local public health system care and service delivery.

Through the last quarter of 2019, focus group members reviewed the available data, suggested evidence-based practice from the 2017-2020 CHIP and had the opportunity to suggest additional evidence-based practices for each health focus area. Dialogue surrounding the evidence-based practices included discussions of availability of data to monitor progress, availability of resources, community readiness, evident progress, and alignment with goals. Detailed information regarding the recommendations can be located at [lake.floridahealth.gov](http://lake.floridahealth.gov).

In partnership with the community, the Florida Department of Health in Lake County continued the community-driven strategic planning process of improving health in 2019 CHIP team meetings. The third quarter meeting was held on August 22, 2019 and focused on the 'Check' cycle of Plan, Do, Check, Act problem-solving model (PDCA).

- The team identified the strengths and weaknesses of 8 of 12 evidenced-based practice recommendations listed in the CHIP
- The team proposed plan revisions for the new 2020-2023 cycle

The teams proposed revisions using the following criteria:

**CONTINUE AS-IS** = The proposed practice will meet the intention of one or more strategy; The practice does not need to be altered to successfully reach the goal of the health focus area.

**CONTINUE WITH REVISIONS** = The proposed practice needs to be reviewed to successfully reach the intention of the focus area goals or strategies. A separate meeting will be convened in 2019 to work on the revisions.

**ELIMINATE** = The proposed practice will not meet the intention of the focus area goals or strategies and should be eliminated.

Below is a listing of each strategic issue area, with a summary of revisions made to the action plan, based on the review.

## FOCUS TOPIC: OBESITY

Strategy	Audience	Activity
Strategy 1: Identify local policies and programs that impact healthy eating and physical activity.	Schools, Governmental entities & municipalities	Policy and programs that support healthy eating and physical activity

### Recommendation:

\_  Continue As-Is    \_\_\_\_\_ Continue with Revisions    \_\_\_\_\_ Eliminate

STRENGTHS	WEAKNESSES
<ul style="list-style-type: none"> <li>Employee Wellness Programs</li> <li>Community park access</li> </ul>	<ul style="list-style-type: none"> <li>Collection of data</li> <li>Lack of policies</li> <li>Lack of awareness of policies</li> <li>Marketing</li> </ul>
<b>Reason for Recommendation:</b> While the focus groups identified additional data is needed, ultimately there were no changes made to the strategy due to Lake County CHIP ending December 2019.	

Strategy	Audience	Activity
Strategy 2: Promote healthy behaviors that increase protective factors and reduce risk factors for obesity.	County-wide	Campaigns That Include Mass Media and Health-Related Product Distribution

### Recommendation:

\_  Continue As-Is    \_\_\_\_\_ Continue with Revisions    \_\_\_\_\_ Eliminate

STRENGTHS	WEAKNESSES
<ul style="list-style-type: none"> <li>Proactive activities</li> <li>Parks and recreation resources</li> </ul>	<ul style="list-style-type: none"> <li>On-going awareness</li> <li>Being in the know of programs</li> <li>Lack of communication</li> </ul>
<b>Reason for Recommendation:</b> The focus group advocated to continue working on this strategy as they felt it is necessary and vital to meet the needs of the Lake County community members.	

Strategy	Audience	Activity
Strategy 4: Identify and remove potential barriers to adopting health behaviors by addressing health inequities or disparities.	Individual with low income or within low-access geographical areas	Changes in Access and Availability to Favor Healthy Foods and Beverages

### Recommendation:

☒ Continue As-Is    ☐ Continue with Revisions    ☐ Eliminate

STRENGTHS	WEAKNESSES
<b>Reason for Recommendation:</b> While the focus group met and discussed this strategy, there were no revisions or recommendations made.	

**\*NOTE:** All participants were first time attendees to the Lake County CHIP process and were unwilling to revise or eliminate Strategy 4. However, the focus group felt that it was necessary and recommended to Continue As-Is.

Strategy	Audience	Activity
Strategy 5: Encourage the creation of physical environments that support healthy behaviors.	Individual with low income or within low-access geographical areas	Increases in Access to and Number of Places for Physical Activity

### Recommendation:

☒ Continue As-Is    ☐ Continue with Revisions    ☐ Eliminate

STRENGTHS	WEAKNESSES
<ul style="list-style-type: none"> <li>Parks/recreation are great options (free)</li> </ul>	<ul style="list-style-type: none"> <li>Awareness</li> <li>Access to transportation</li> </ul>
<b>Reason for Recommendation:</b> While the focus group identified additional data is needed, ultimately there were no changes recommended to the strategy due to Lake County CHIP ending December 2019.	



## FOCUS TOPIC: SUBSTANCE ABUSE

Strategy	Audience	Activity
Strategy 1: Identify local policies and programs that address prevention, intervention, and treatment of substance abuse.	Governmental entities	Policy and Programs that support prevention, intervention and treatment of substance abuse.

### Recommendation:

☒ Continue As-Is   
 ☐ Continue with Revisions   
 ☐ Eliminate

STRENGTHS	WEAKNESSES
<ul style="list-style-type: none"> <li>• We have community resource lists</li> <li>• MHFA provides signs and symptoms awareness and solutions</li> <li>• SENs in circuit 5</li> <li>• We have celebrated recovery, AA, NA, NAMI, You're not alone, Equipping Youth</li> </ul>	<ul style="list-style-type: none"> <li>• Focus is too often on treatment instead of prevention</li> <li>• Not enough early intervention</li> <li>• Physicians need education</li> <li>• Treatment follow-up needed</li> <li>• Mental Health not available</li> <li>• High recidivism</li> <li>• Recovery and treatment not well connected</li> <li>• Low perception of harm</li> </ul>
<b>Reason for Recommendation:</b> Ultimately there were no changes made to this strategy due to the Lake CHIP ending December 2019, however the focus group advocated to continue Lake County SEN and existing programs which were identified as vital to Lake County community members.	

Strategy	Audience	Activity
Strategy 2: Promote healthy behaviors that increase protective factors and reduce risk for substance abuse	County-wide	Campaigns That Include Mass Media and Health-Related Product Distribution

### Recommendation:

☒ Continue As-Is   
 ☐ Continue with Revisions   
 ☐ Eliminate

STRENGTHS	WEAKNESSES
<ul style="list-style-type: none"> <li>• We have programs – Know the Law</li> <li>• You Are Not Alone, Equipping Youth</li> <li>• Increasing awareness</li> <li>• Safe disposal of medication</li> <li>• Social Media</li> <li>• ER's – more careful about prescribing addictive medication.</li> </ul>	<ul style="list-style-type: none"> <li>• Breakdown of family and values</li> <li>• Narcan “Party”</li> <li>• Social Media</li> <li>• High risk county</li> </ul>
<b>Reason for Recommendation:</b> The focus group did not revise or eliminate this strategy. The team was in consensus that they are reaching intended target population in Lake County.	

Strategy	Audience	Activity
Strategy 3: Encourage the use of evidence-based practice for early interventions to identify, reduce, and prevent problematic use, abuse, and dependence on alcohol and illicit drugs.	Health care settings	Screening, Brief Intervention, and Referral to Treatment (SBIRT), Training and Follow up Implementation

### Recommendation:

☐ Continue As-Is
☒ Continue with Revisions
☐ Eliminate

STRENGTHS	WEAKNESSES
Mental Health First Aid	Training provided, but deployment is lacking
<b>Reason for Recommendation:</b> The focus group identified that the provider could benefit from conducting additional training and follow-up implementation (Lutheran Service to Families). This recommendation was added to the activity section of this strategy and the team plans to focus on.	

Strategy	Audience	Activity
Strategy 4: Encourage the use of evidenced-based practices to learn how to identify, understand, and respond to signs of mental illness, including substance use disorder.	Community settings	Mental Health First Aid courses

### Recommendation:

☒ Continue As-Is    ☐ Continue with Revisions    ☐ Eliminate

STRENGTHS	WEAKNESSES
<ul style="list-style-type: none"> <li>Continue to provide free training (grant funded for 3 more years)</li> <li>"You're not alone" – reaching high school students</li> </ul>	<ul style="list-style-type: none"> <li>Could use more funding</li> </ul>
<b>Reason for Recommendation:</b> While the focus group identified additional funding was imperative, ultimately there were no changes recommended to the strategy due to Lake County CHIP ending December 2019.	

## FOCUS TOPIC: ACCESS TO FOOD & NUTRITION

Strategy	Audience	Activity
Strategy 2: Identify and remove potential barriers to adopting healthy behaviors by addressing health inequities or disparities.	Individuals with low income or within low-access areas, children, seniors	Interventions, engaging community health workers

### Recommendation:

☒ Continue As-Is    ☐ Continue with Revisions    ☐ Eliminate

STRENGTHS	WEAKNESSES
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<ul style="list-style-type: none"> <li>• Consistent with events</li> <li>• Collaborative</li> <li>• Working toward strategies</li> <li>• Everyone (children) have free lunch and breakfast</li> <li>• Improving wrap-around services</li> <li>• Understanding how to best help (when helping hurts)</li> </ul>	<ul style="list-style-type: none"> <li>• Limited access</li> <li>• Not during school year feeding (summer feeding)</li> <li>• North/South Division</li> <li>• Seniors</li> <li>• Transportation</li> <li>• Grants</li> <li>• Wrap-around services</li> <li>• Food deserts</li> <li>• Hot meals</li> </ul>
<p><b>Reason for Recommendation:</b></p> <p>The focus team did not revise or eliminate this strategy. The focus team supported the strengths outweighed the weaknesses, therefore consented to continue working on this strategy.</p>	

## FOCUS TOPIC: ACCESS TO PRIMARY CARE

Strategy	Audience	Activity
Strategy 1: Encourage the use of evidence-based practices that employ health communications and education and link patients to family and social/psychosocial services.	Health care settings	Case Management Interventions

### Recommendation:

☒ Continue As-Is    
 ☐ Continue with Revisions    
 ☐ Eliminate

STRENGTHS	WEAKNESSES
<ul style="list-style-type: none"> <li>• Patient centered model</li> <li>• Navigators/health coordinators</li> <li>• Communication</li> <li>• Community network</li> </ul>	<ul style="list-style-type: none"> <li>• Changes in staffing</li> <li>• Consistency</li> <li>• Communication</li> <li>• Availability of LCSW and providers</li> </ul>

**Reason for Recommendation:**

While the focus team identified on-going changes due to fluctuation in professional resources as a weakness, ultimately there were no changes made due to the Lake CHIP ending December 2019.

**Recommendation:**

 **Continue As-Is**    **Continue with Revisions**    **Eliminate**

Strategy	Audience	Activity
Strategy 2: Encourage the use of evidence-based practices to educate on the importance of preventative health care.	Schools and community settings	Campaigns That Include Mass Media and Health-Related Product Distribution

STRENGTHS	WEAKNESSES
<ul style="list-style-type: none"> <li>• Lots of programs</li> <li>• Programs available: <ul style="list-style-type: none"> <li>- Federal UF</li> <li>- USF (covering kids)</li> </ul> </li> <li>• Florida Healthy Kids Initiative</li> <li>• Education is a gateway to getting access to care</li> </ul>	<ul style="list-style-type: none"> <li>• Restrictions on programs <ul style="list-style-type: none"> <li>- K-12</li> </ul> </li> <li>• Lack of attendance, compliance, follow-up</li> </ul>
<b>Reason for Recommendation:</b> Ultimately there were no changes made due to the Lake CHIP ending December 2019, however the focus team identified they should target impactful audiences – restricted access K-12, but more community.	

Strategy	Audience	Activity
Strategy 3: Identify and remove potential barriers to adopting healthy behaviors by addressing health inequities or disparities, such as community linkages to health services.	Individuals with low income or within low-access geographical areas	Interventions Engaging Community Health Workers

## Recommendation:

☒ Continue As-Is    ☐ Continue with Revisions    ☐ Eliminate

STRENGTHS	WEAKNESSES
<ul style="list-style-type: none"> <li>• New Lake Express (Buses)</li> <li>• Telehealth</li> <li>• Home primary care visits</li> <li>• Development of Mobile Health Clinic</li> <li>• Social services connections/networks</li> <li>• Community growth</li> </ul>	<ul style="list-style-type: none"> <li>• Transportation: rural health access</li> <li>• Language barriers: increased non-English population</li> <li>• Need for assistance in applying for Social Security Disability and appeals</li> <li>• Accessing/Rural population education</li> </ul>
<b>Reason for Recommendation:</b> Ultimately there were no changes made due to the Lake CHIP ending December 2019, however the focus team identified an increase in education on access availability to clients, patients and providers is would benefit the underserved population in Lake County.	

## FOCUS TOPIC: DIABETES

Strategy	Audience	Activity
Strategy 1: Identify local policies and programs that target individuals with or at risk of developing type 2 diabetes, such as preventative and disease management programs.	Governmental entities	Policies and programs that support diabetes prevention and disease management.

## Recommendation:

☒ Continue As-Is    ☐ Continue with Revisions    ☐ Eliminate

STRENGTHS	WEAKNESSES
Funding opportunities	General policy does not get down to the individual
<b>Reason for Recommendation:</b> While the focus team recommended to continue working on this strategy through future funding opportunities, ultimately there were no changes made due to the CHIP ending December 2019.	

Strategy	Audience	Activity
Strategy 2: Promote healthy behaviors that increase protective factors and reduce risk factors for diabetes.	County-wide Healthcare Providers	Campaigns That Include Mass Media and Health-Related Product Distribution

### Recommendation:

☐ Continue As-Is ☒ Continue with Revisions ☐ Eliminate

STRENGTHS	WEAKNESSES
Social Media	Insufficient marketing for prevention
<b>Reason for Recommendation:</b> The focus group recommended adding healthcare providers as a target audience because it was identified as a weakness in the marketing strategy arena. This recommendation was added to the audience section and the team plans to focus on this task.	

Strategy	Audience	Activity
Strategy 3: Identify and remove barriers to adopting healthy behaviors by addressing health inequities or disparities, such as community linkages to health services	Healthcare settings	Case management interventions; Diabetes Prevention Programs

### Recommendation:

☒ Continue As-Is ☐ Continue with Revisions ☐ Eliminate

STRENGTHS	WEAKNESSES
Resources	Under-utilized resources
<b>Reason for Recommendation:</b> While the focus team recommended to increase marketing resources, ultimately there were no changes made due to the Lake CHIP ending December 2019.	

Strategy	Audience	Activity
Strategy 4: Educate community about the importance of early detection of and screening for diabetes.	Schools, worksites, community settings Healthcare Providers	Worksite Assessment of Health Risks with Feedback to change employees' health, plus health education with or without other interventions

### Recommendation:

\_\_\_\_\_ Continue As-Is     \_\_\_\_\_ Continue with Revisions    \_\_\_\_\_ Eliminate

STRENGTHS	WEAKNESSES
<ul style="list-style-type: none"> <li>Prevention programs are available</li> <li>Starting education early in our schools</li> </ul>	
<b>Reason for Recommendation:</b> The focus group recommended adding healthcare providers as a target audience because it was identified as a weakness in the marketing strategy arena. This recommendation was added to the audience section and the team plans to focus on this task.	

## Recommendation Summary

The focus groups areas completed the “Check Phase” on August 22, 2020 by analyzing, reviewing, and making recommendations to the strategies and goals listed on the Lake CHIP. The focus teams identified potential areas of improvement on several strategies and goals, however the groups opted not to revise the strategies considering the Lake County CHIP is scheduled to end December 2019. Minor revisions were made and documented to the audience or activities section of respective strategies.

### Obesity focus group recommendations for 2019:

Strategies	Recommendation
Identify local policies and programs that impact healthy eating and physical activity	<b>CONTINUE AS-IS</b>
Promote healthy behaviors that increase protective factors and reduce risk factors for obesity.	<b>CONTINUE AS-IS</b>
Identify and remove potential barriers to adopting healthy behaviors by addressing health inequities or disparities.	<b>CONTINUE AS-IS</b>



Encourage the creation of physical environments that support healthy behaviors.

**CONTINUE AS-IS**

**Substance Abuse focus group recommendations for 2019:**

Strategies	Recommendation
Identify local policies and programs that address prevention, intervention, and treatment of substance abuse.	<b>CONTINUE AS-IS</b>
Promote healthy behaviors that increase protective factors and reduce risk for substance abuse.	<b>CONTINUE AS-IS</b>
Encourage the use of evidence-based practice for early interventions to identify, reduce, and prevent problematic use, abuse, and dependence on alcohol and illicit drugs.	<b>CONTINUE WITH REVISIONS</b>  The focus group identified that the provider could benefit from conducting additional training and follow-up implementation (Lutheran Service to Families). This recommendation was added to the activity section of this strategy and the team plans to focus on this task.
Encourage the use of evidenced-based practices to learn how to identify, understand, and respond to signs of mental illness, including substance use disorder.	<b>CONTINUE AS-IS</b>

**Access to Food & Nutrition focus group recommendations for 2019:**

Strategies	Recommendation
Identify and remove potential barriers to adopting healthy behaviors by addressing health inequities or disparities.	<b>CONTINUE AS-IS</b>

**Access to Primary Care focus group recommendations for 2019:**

Strategies	Recommendation
Encourage the use of evidence-based practices that employ health communications and education and link patients to family and social/psychosocial services.	<b>CONTINUE AS-IS</b>
Encourage the use of evidence-based practices to educate on the importance of preventative health care.	<b>CONTINUE AS-IS</b>
Identify and remove potential barriers to adopting healthy behaviors by addressing	<b>CONTINUE AS-IS</b>

health inequities or disparities, such as community linkages to health services.

### **Diabetes focus group recommendations for 2019:**

Strategies	Recommendation
Identify local policies and programs that target individuals with or at risk of developing type 2 diabetes, such as preventative and disease management programs.	<b>CONTINUE AS-IS</b>
Promote healthy behaviors that increase protective factors and reduce risk factors for diabetes.	<b>CONTINUE WITH REVISIONS</b>  The focus group recommended adding healthcare providers as a target audience because it was identified as a weakness in the marketing strategy arena. This recommendation was added to the audience section and the team plans to focus on this task.
Identify and remove barriers to adopting healthy behaviors by addressing health inequities or disparities, such as community linkages to health services.	<b>CONTINUE AS-IS</b>
Educate community about the importance of early detection of and screening for diabetes.	<b>CONTINUE WITH REVISIONS</b>  The focus group recommended adding healthcare providers as a target audience because it was identified as a weakness in the marketing strategy arena. This recommendation was added to the audience section and the team plans to focus on this task.

## **Accomplishments**

Goal	Strategy	Accomplishment
<b>OBESITY</b>		
<b>1. Obesity:</b> Improve diet and increase physical activity among adults and children in Lake County	<b>Policies &amp; Programs:</b> Local Public Health System identifies local policies and programs that impact healthy eating and physical activity.	<b>Healthy Schools</b> <ul style="list-style-type: none"> <li>In 2019, Lake County Schools were recognized as Florida Healthy School Districts (Bronze Level).</li> <li>Groveland Elementary School BrainyActs program teaches nutrition and fitness classes.</li> </ul>

		<ul style="list-style-type: none"> <li>South Lake Elementary Schools teach sessions on exercise and food and nutrition.</li> </ul> <p><b>Heart Health</b> Orlando Health South Lake Hospital sponsored the purchase of 130 heart rate monitors for Gray Middle School in Groveland, Florida, to help educate students on the importance of understanding heart health. This new partnership will have a direct impact on the students in some of the most critical areas of healthcare needs including obesity and heart health.</p>
<p><b>How it's important for our community:</b> ❖ <i>The Community Supports Healthy Places to Learn</i></p> <p>Local schools can implement a variety of policies that have been shown to increase physical activity and improve nutrition for students and their families. These best practices are reflected in the HealthierUS School Challenge submission criteria and Florida Healthy School District assessment.</p>		
<b>SUBSTANCE ABUSE</b>		
<p><b>2. Substance Abuse:</b> Reduce and prevent alcohol and drug usage among adults and youth in Lake County</p>	<p><u>Social &amp; Economic Factors:</u> Local Public Health System encourages the use of evidence-based practices to learn how to identify, understand and respond to signs of mental illnesses, including substance use disorder.</p>	<p><b>Mental Health Awareness</b> BeFree Lake Coalition was awarded a grant to build capacity in Lake County to detect and respond appropriately to behavioral health issues impacting adults and youth to connect them to needed services. The accomplishments are as follows:</p> <ul style="list-style-type: none"> <li>"Mental Health First Aid" Program: 4 Instructor Certifications for MHFA completed.</li> <li>"You're Not Alone" is a mental health awareness and social media campaign. Campaign messaging promoted at 48 community events in 2018-2019.</li> </ul> <p><b>LifeStream: MAC Program</b> Served 185 people at the Leesburg location in 2019.</p>

**How it's important for our community:**

❖ ***The Community Helps Identify and Connect People to Care***

The project works with agencies, families, law enforcement, and policy makers to increase mental health awareness and training opportunities for local veterans, armed services members, their families, and community members.

**ACCESS TO FOOD AND NUTRITION**

**3. Access to Food and Nutrition:**

Reduce the percentage of food insecure households in Lake County.

Social & Economic

Factors:

Local Public Health System identifies and removes potential barriers to adopting healthy behaviors by addressing health inequities or disparities.

**Second Harvest Food Bank**

October Quarterly meetings for food pantry: 10-15 pantries.

**Nudge Marketing Toolkit** coming to Lake in 2020.

Community Fundraiser South Lake  
**SHARE Day** – Feeding for Thanksgiving week:

- 400 families (1655 individuals) at Windy Hill Middle School
- 2000 bags and food at the churches

Department of Health relationships with local food pantries:

- Preventative health posters
- Awareness of produce: healthy recipes of those perishable items provided

**How it's important for our community:**

❖ ***The Community Supports Initiatives That Work***

Community partners work together to share resources and leverage funding for services needed to improve the lives of food insecure households in the community.

**ACCESS TO PRIMARY CARE**

**4. Access to Primary Care:**

Increase the proportion of underserved able to obtain necessary medical, dental care and prescriptions in Lake County.

Clinical Care:

Local Public Health System encourages the use of evidence-based practices that employ health communication and education and link patients to family and social/psychosocial services.

**Community Health Workers**

- 500 families per year- 30% insurance assistance.
- Educate on resources and connect to services.
- Focus on elderly/disabled with elder options.

**Community Health Centers**

- Primary Care Services and Specialty Services.
- Expanded Dental focus on pediatrics in Leesburg in October.

		<p><b>Lake Health Partnership Quarterly Meetings</b></p> <ul style="list-style-type: none"> <li>○ Increase communication and collaboration among primary care providers and resources.</li> </ul> <p><b>Lake County Schools</b> There is a nurse in every school.</p>
<p><b>How it's important for our community:</b> ❖ <i>The Community Works Together to Solve Health Problems</i></p> <p>In cooperation with a national organization, community members, leaders, and local nonprofits and volunteers joined together to fund, plan, recruit, mobilize, and organize the first-of-its-kind county event.</p>		
<b>DIABETES</b>		
<p><b>5. Diabetes:</b> Increase the diabetes screening rate for adults in Lake County.</p>	<p><u>Healthy Behaviors:</u> Local Public Health System promotes healthy behaviors that increase protective factors and reduce risk factors for diabetes</p>	<p><b>Community Health Centers</b> <i>All of Us Research</i> started in March 2019 to engage patients in healthcare and focus on prevention.</p> <p><b>Vitas Healthcare</b> Partner with organizations and individuals: Diabetes self-management (55+) Healthy Living Education Program that includes diabetes self-management.</p>
<p><b>How it's important for our community:</b> ❖ <i>The Community Helps Prevent Disease</i></p> <p>DPP is a nationally recognized lifestyle change program to prevent or delay type 2 diabetes. The program teaches participants to make lasting lifestyle changes, like eating healthier, adding physical activity into their daily routine, and improving coping skills.</p>		
<p><b>6. Diabetes:</b> Increase the diabetes screening rate for adults in Lake County.</p>	<p><u>Social &amp; Economic Factors:</u> Local Public Health System educates the community about the importance of early detection of and screening for diabetes.</p>	<p><b>AdventHealth Waterman</b> Diabetes support group Diabetes self-management class Community presentations/education Health fairs 2<sup>nd</sup> Annual Diabetes Health Fair over 300 people cooking demo screenings</p> <p><b>Department of Health</b> Pre-Diabetes Program focus on prevention.</p> <p><b>South Lake and UF/IFAS Program</b></p>

		Free nutrition classes to the community. There are two classes per month.
<b>How it's important for our community:</b> ❖ <b><i>The Community Empowers Individuals in Health</i></b>  The U.S. Preventive Services Task Force recommends screening for abnormal blood glucose and type 2 diabetes in adults 40 to 70 years of age who are overweight or obese, and repeating testing every three years if results are normal. Individuals at higher risk should be considered for earlier and more frequent screening.		

## Conclusion

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The Community Health Improvement Planning (CHIP) Community Health Team is asked to motivate, educate, coordinate, and evaluate community activities using a collective impact approach to health improvement within the local public health system of Lake County, Florida.

This plan serves as a roadmap for a continuous health improvement process for the local public health system by providing a framework for the chosen strategic issue areas. It is not intended to be an exhaustive and static document. The CHIP will continue to change and evolve over time as new information and insight emerge at the local, state and national levels.

By working together, we can have a significant impact on the community's health, improving where we live, work and play and realize the vision of a healthier Lake County.

### HEALTH STARTS WITH YOU

When it comes to health, making healthy choices and avoiding behaviors that promote poor health is part of an individual's personal responsibility to themselves, their families, and their community. Building a culture of health means working together to improve health of all. A plan can only make true progress when we work together toward a shared goal of better health. In a culture of health, communities flourish and individuals thrive.

Thank you for supporting a culture of health in Lake County, Florida!

Contact Community Health Improvement at [DOHLakeCHIP@flhealth.gov](mailto:DOHLakeCHIP@flhealth.gov) or (352) 589-6424.



Florida Department of Health in Lake County  
Community Health Improvement Planning (CHIP)  
CHIP Team Meeting  
Cooper Memorial Library  
2525 Oakley Seaver Drive, Clermont FL 34711  
Thursday, August 22, 2019 – 10:00 am to 12:00 pm

## AGENDA



Quarter 3: “Check”
Welcome
Introductions
Update <ul style="list-style-type: none"><li>Quarter 2: “Do” Phase</li><li>CHIP Review</li></ul>
Purpose <ul style="list-style-type: none"><li>Quarter 3: “Check” Phase</li></ul>
Focus Groups
“Check” Phase Activity <ul style="list-style-type: none"><li>Review Strategies and Goals</li><li>Complete Strengths and Weaknesses Form for Each Strategy</li><li>Group Strategy Recommendations</li></ul>
<i>Break</i>
Focus Groups Recommendation Reporting <ul style="list-style-type: none"><li>Obesity</li><li>Substance Abuse</li><li>Access to Food and Nutrition</li><li>Access to Primary Care</li><li>Diabetes</li></ul>
Next Steps <ul style="list-style-type: none"><li>Reporting of “Check” Phase Recommendations</li><li>Partner Reporting of Activities</li><li>Data Collection - Monthly</li></ul>
Conclusion
Meeting Evaluation
Next Team Meeting: Quarter 4 - December 2019



Food and drinks are permitted in the room.

Thank you for helping to create and support a Culture of Health in Lake County!

Community Health Improvement Plan (CHIP) Meeting  
Cooper Memorial Library – Clermont, Florida  
August 22, 2019.

**Purpose:**

In partnership with the community, the Florida Department of Health in Lake County continued the community - driven strategic planning process of improving health at the the third quarter CHIP team meeting.

**Accomplishments:**

- The focus was on the "Check" phase of the Plan-Do-Check-Act problem-solving model
- The CHIP team reviewed the 2018 focus group strategies included in the 2017-2020 plan
- The focus groups identified the strengths and weaknesses of evidence-based practice recommendations listed in the CHIP
- The teams proposed their recommendations for 2019 using the following criteria\*:

**CONTINUE AS-IS** = The proposed practice will meet the intention of one or more strategy; The practice does not need to be altered to successfully reach the goal of the health focus area.

**CONTINUE WITH REVISIONS** = The proposed practice needs to be reviewed to successfully reach the intention of the focus area goals or strategies.

**ELIMINATE** = The proposed practice will not meet the intention of the focus area goals or strategies and should be eliminated.

\*See page 2 for the summary of the group recommendations for 2019

**Participation**

There was a total of 42 attendees:

- 36 community members
- 6 DOH-Lake staff

**Community Feedback**

Overall the event received positive feedback from the community partners. However, there were recommendations to have more time to network and a community partner requested a change in the location back to Leesburg/Tavares area.

Category	Meeting Organization	Meeting Facilitation	Meeting Format	Opportunity to Provide Input	Opportunity to Learn
Average Score	4.8	4.6	4.7	4.6	4.5



## CHIP SUMMARY REPORT FOR THE FIVE FOCUS GROUPS

Obesity Strategies	Recommendation
Identify local policies and programs that impact healthy eating and physical activity.	Continue As-Is
Promote healthy behaviors that increase protective factors and reduce risk factors for obesity.	Continue As-Is
Identify and remove potential barriers to adopting health behaviors by addressing health inequities or disparities.	Continue As-Is
Encourage the creation of physical environments that support healthy behaviors.	Continue As-Is

Substance Abuse Strategies	Recommendation
Identify local policies and programs that address prevention, intervention, and treatment of substance abuse.	Continue with Revisions
Promote healthy behaviors that increase protective factors and reduce risk for substance abuse.	Continue As-Is
Encourage the use of evidence-based practice for early interventions to identify, reduce, and prevent problematic use, abuse, and dependence on alcohol and illicit drugs.	Continue with Revisions
Encourage the use of evidenced-based practices to learn how to identify, understand, and respond to signs of mental illness, including substance use disorder.	Continue with Revisions

Access to Food and Nutrition Strategy	Recommendation
Identify and remove potential barriers to adopting healthy behaviors by addressing health inequities or disparities.	Continue As-Is

Access to Primary Care Strategies	Recommendation
Encourage the use of evidence-based practices that employ health communications and education and link patients to family and social/psychosocial services.	Continue with Revisions
Encourage the use of evidence-based practices to educate on the importance of preventative health care.	Continue with Revisions
Identify and remove potential barriers to adopting healthy behaviors by addressing health inequities or disparities, such as community linkages to health services.	Continue As-Is

Diabetes Strategies	Recommendation
Identify local policies and programs that target individuals with or at risk of developing type 2 diabetes, such as preventative and disease management programs.	Continue with Revisions
Promote healthy behaviors that increase protective factors and reduce risk factors for diabetes.	Continue with Revisions
Identify and remove barriers to adopting healthy behaviors by addressing health inequities or disparities, such as community linkages to health services.	Continue As-Is
Educate community about the importance of early detection of and screening for diabetes.	Continue with Revisions



Florida Department of Health in Lake County  
 Community Health Improvement Planning  
 Cooper Memorial Library, Room 108 A/B  
 2525 Oakley Seaver Drive, Clermont FL 34711  
 Thursday, August 22, 2019 – 10:00 am to 12:00 pm

### CHIP Team Meeting

**Purpose:**

The Community Health Improvement Planning (CHIP) Team is asked to motivate, educate, coordinate, and evaluate community activities using a collective impact approach to health improvement within the local public health system of Lake County, Florida.

### ATTENDANCE RECORD

Name	Organization	Email
Lillian Rodriguez	DOH - Lake	
SUSAN Taylor	DOH - Lake	
Samantha Surdin	Congressman Spano	samantha.surdin@mad.house
Ed Cogswell	Citizen	supassages@aol.com gov
Linda Arredondo	Comp Care Hospice	linda.arredondocamedsys.com
Regina Marciano	Comp Care Hospice	Regina.marciano@amedsys.com
Darla Huddleston	E3 Family Solutions	darla.huddleston@gmail.com
Josh Lewis	E3 Family	llewis1970@aol.com
Keith Whitacre	Food Provider of State	Keith.whitacre@gmail.com
Nick Bejarano	Faith Neighborhood Center Advent Health Waterman	nick.bejarano@adventhealth.com
Rey Cortes	Be Free Lake	Reinaldo@BeFreeLake.org
Amanda Sintes	Second Harvest - CH	asintes@Feedhappen.org
Shelly Passanul	DOH - Lake	

**Vision:** To be the Healthiest State in the Nation.

**Mission:** To protect, promote, and improve the health of all people in Florida through integrated state, county and community efforts.



**Vision:** To be the Healthiest State in the Nation.

Attendance Record pg. 2/4



Florida Department of Health in Lake County  
 Community Health Improvement Planning  
 Cooper Memorial Library, Room 108 A/B  
 2525 Oakley Seaver Drive, Clermont FL 34711  
 Thursday, August 22, 2019 – 10:00 am to 12:00 pm

# RSVPs

Name	Organization	Email	Initial
Aaron Kissler	DOH-Lake	<a href="mailto:Aaron.Kissler@flhealth.gov">Aaron.Kissler@flhealth.gov</a>	AZ
Blaire Cope	Well Florida Council, Inc	<a href="mailto:bcope@wellflorida.org">bcope@wellflorida.org</a>	
Brittany Timmons	Community Foundation of South Lake, Inc.	<a href="mailto:brittany@cflsc.org">brittany@cflsc.org</a>	
Candace Booth	Be Free Lake	<a href="mailto:candace@befreelake.org">candace@befreelake.org</a>	CB
Christina Fitzsimons	Orlando Health, South Lake Hospital, Inc.	<a href="mailto:Christina.Fitzsimons@orlandohealth.com">Christina.Fitzsimons@orlandohealth.com</a>	CF
Christopher Lujan	Be Free Lake	<a href="mailto:Christopher@befreelake.org">Christopher@befreelake.org</a>	
Clarice Yenor	FDOH-Volunteer	<a href="mailto:clariceyenor@gmail.com">clariceyenor@gmail.com</a>	CY
Colleen Wallace	Compassionate Care Hospice	<a href="mailto:colleen.wallace@amedisys.com">colleen.wallace@amedisys.com</a>	CW
Debbie Smith	Central Florida Health Alliance (Leesburg Regional Medical Center & The Villages Hospital)	<a href="mailto:dsmith@centflhealth.org">dsmith@centflhealth.org</a>	DS
Debra Paradis	We Care of Lake County, Inc	<a href="mailto:director@wecarelakecounty.org">director@wecarelakecounty.org</a>	
Donna Kirtland	Livewell Foundation of South Lake	<a href="mailto:donna.kirtland@lwfls.org">donna.kirtland@lwfls.org</a>	DK
Dullaine Joseph	Community Health Centers, Inc.	<a href="mailto:d.joseph@chcfl.org">d.joseph@chcfl.org</a>	DJ
Ed Cogswell	Citizen	<a href="mailto:kicogswell@aol.com">kicogswell@aol.com</a>	
Esmeralda Batiz	Community Health Centers, Inc.	<a href="mailto:e.batiz@chcfl.org">e.batiz@chcfl.org</a>	EB
Gloria Puerto-Ebey	Vitas Healthcare	<a href="mailto:gloria.puerto@vitas.com">gloria.puerto@vitas.com</a>	
Heather Palasky	Lake Sumter Children's Advocacy Center	<a href="mailto:Heather@cac4kids.org">Heather@cac4kids.org</a>	HP
Jorge Nichar	Compassionate Care Hospice	<a href="mailto:jorge.nichar@amedisys.com">jorge.nichar@amedisys.com</a>	JN
Karin Cogswell	Citizen	<a href="mailto:kicogswell@aol.com">kicogswell@aol.com</a>	K

**Vision:** To be the Healthiest State in the Nation.

**Mission:** To protect, promote, and improve the health of all people in Florida through integrated state, county and community efforts.

Attendance Record pg. 3/4





**Florida Department of Health in Lake County  
Community Health Improvement Planning**  
Cooper Memorial Library, Room 108 A/B  
2525 Oakley Seaver Drive, Clermont FL 34711  
**Thursday, August 22, 2019 – 10:00 am to 12:00 pm**

Name	Organization	Email	Initial
Keith Whitacre	South Lake Food Resource Group	<a href="mailto:Keith.whitacre@gmail.com">Keith.whitacre@gmail.com</a>	<i>KW</i>
Kevin Pokorney	Be Free Lake	<a href="mailto:Kevin@befreelake.org">Kevin@befreelake.org</a>	<i>KP</i>
Linda Hoffman	LifeStream Behavioral Center, Inc.	<a href="mailto:Lhoffman@LSBC.net">Lhoffman@LSBC.net</a>	<i>LH</i>
<i>Colleen Gillespie</i> <del>Linda Kropki</del>	LovExtension, Inc.	<a href="mailto:lindak@lovextension.com">lindak@lovextension.com</a>	<i>CG</i>
Maria Granado	Lake County Government	<a href="mailto:MGranado@lakecountyfl.gov">MGranado@lakecountyfl.gov</a>	<i>MG</i>
<del>Melinda Redd</del> <i>Ronda Fitzwater</i>	Lake County Schools	<a href="mailto:redm@lake.k12.fl.us">redm@lake.k12.fl.us</a>	<i>RF</i>
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Mike Walker	City of Groveland	<a href="mailto:Mike.Walker@groveland-fl.gov">Mike.Walker@groveland-fl.gov</a>	<i>MW</i>
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Thomas Kellis	DOH-Lake	<a href="mailto:Thomas.Kellis@flhealth.gov">Thomas.Kellis@flhealth.gov</a>	
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**Vision:** To be the Healthiest State in the Nation.

**Mission:** To protect, promote, and improve the health of all people in Florida through integrated state, county and community efforts.

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**Obesity Leads**  
**South Lake Hospital**  
**University of Florida, Lake County Extension Office**



**Obesity**

**Focus Group**

- AdventHealth Waterman
- Central Florida Health Alliance
- Citizens
- Community Foundation of South Lake
- Community Health Centers
- Early Learning Coalition of Lake County
- Florida Department of Health in Lake County
- Lake Cares
- Lake County Government
- Lake County Schools
- LifeStream Behavioral Center
- Saint Luke's Medical and Dental Clinic
- South Lake Hospital
- Straight Forward Ministries
- Towers for Change
- University of Florida, Lake County Extension Office
- WellCare Health Plans

**Substance Abuse Leads**  
**Be Free Lake**  
**LifeStream Behavioral Center**



**Substance Abuse**

**Focus Group**

- AdventHealth Waterman
- Be Free Lake
- Central Florida Health Alliance
- Citizens
- Clermont Behavioral Health
- Dr. Candace Booth, ND, PhD, CNC
- E3 Family Solutions
- Florida Department of Health in Lake County
- First Baptist Church Umatilla
- Kids Central
- Lake Technical College
- LifeStream Behavioral Center
- Lutheran Services Florida Health Systems
- South Lake Hospital
- The Connection Helpline
- Unitarian Universalist Congregation of Lake County
- Well Florida Council
- WellCare Health Plans

**Access to Food and Nutrition Leads**  
**Community Foundation of South Lake**  
**Lake Cares Inc.**



**Access to Food and Nutrition**

**Focus Group**

- AdventHealth Waterman
- Central Florida Health Alliance
- Citizens
- Commissioned Beyond Borders
- Community Foundation of South Lake
- East Central Florida Regional Planning Council
- Faith Neighborhood Center Food Pantry
- Florida Department of Health in Lake County
- Kitch'n Lyfe Skills
- Lake Cares
- Lake County Schools
- LifeStream Behavioral Center
- Lifetime Dental
- Redlands Christian Migrant Association, Area B
- Second Harvest Food Bank
- South Lake Community Ministries
- South Lake Hospital
- Towers for Change
- United Healthcare
- United Way of Lake and Sumter Counties

**Access to Primary Care Leads**  
**AdventHealth Waterman**  
**Community Health Center**



**Access to Primary Care**

**Focus Group**

- AdventHealth Waterman
- Be Free Lake
- Catholic Charities of Central Florida
- Central Florida Health Alliance
- Citizens
- Community Foundation of South Lake
- Community Health Centers
- Community Medical Care Center
- Community Primary Health Clinic
- Cornerstone Hospice and Palliative Care
- Early Learning Coalition of Lake County
- Florida Department of Health in Lake County
- Florida Cancer Specialists and Research Institute
- Florida Guardian Ad Litem Program, Lake County
- Florida's Vision Quest
- Health Insurance Marketplace Navigators
- Lake County Government
- Lake County Schools
- Lake Emergency Management Services
- Lake-Sumter State College
- LifeStream Behavioral Center
- Lifetime Dental
- Merck Global Human Health
- Saint Luke's Medical and Dental Clinic
- South Lake Hospital
- United Way of Lake and Sumter Counties

**Access to Diabetes Leads**  
AdventHealth Waterman  
Florida Department of Health in Lake County



Diabetes

Focus Group

- Advent Health Waterman
- American Diabetes Association
- Central Florida Health Alliance
- Citizens
- Community Foundation of South Lake
- Florida Department of Health in Lake County
- Lake Cares
- Lake County Government
- LifeStream Behavioral Center
- Lifetime Dental
- Merck Global Human Health
- South Lake Hospital
- Towers for Change
- University of Central Florida
- University of Florida, Lake County Extension Office
- We Care of Lake County